

Dashopachara Guru Puja

Please take a flower , place your hands in prayer position and offer at Guru Paduka with the mantras:



nityānandaṃ paramasukhadaṃ kevalaṃ jñānamūrtiṃ
dvandvātitaṃ gaganasadṛśaṃ tattvamasyādi-lakṣyaṃ |
ekaṃ nityaṃ vimalaṃ acalaṃ sarvadhī-sākṣi-bhūtaṃ
bhāvātitaṃ triguṇa-rahitaṃ sadgururṃ tam namāmi ||

nityānandeśvara-samārambhāṃ nityānandeśvari-madhyamāṃ
nityānanda paryantāṃ vande guru-paramparāṃ ||

lalāṭe tripuṇḍrī niṭila-kṛta-kastūrī-tilakaḥ
sphuran-mālā-dhāraḥ sphurita-kaṭi-kaupīna-vasanaḥ |
dadhāno dustāraṃ śirasi phaṇi-rājaṃ śaśi-kalāṃ
pradīpaḥ sarveṣāṃ aruṇagiri-yogī vijayate ||

Now take some flowers in your hands and place your hands in Kurma mudra and close your eyes till the end of the mantra.



|| mānasa-pūjā ||

om hr̥t-padmam āsanam dadyāt sahasrāracyutāmmṛtaiḥ |
pādyam caraṇayor-dadyāt manastu-arghyam nivedayet ||

tena-amṛtena ācamanīyam snānīyam tena ca smṛtam |
ākāśa-tattvam vastram syāt gandhaḥ syāt gandha-tattvakam ||

cittam prakalpayet puṣpam dhūpam prāṇān prakalpayet |
tejas-tattvam ca dīpārtham naivedyam syāt-sudhāmbudhiḥ ||

anāhata-dhvanirghaṇṭā vāyu-tattvam ca cāmaram |
sahasrāram bhavet chatram śabda-tattvam ca gītakam ||

nṛtyam indriya-karmāṇi cāṣcalyam manasas-tathā |
sumekhalām padma-mālām puṣpam nānā-vidham tathā ||

amāyādyair-bhāva-puṣpaiḥ arcayet bhāva-gocaram |
amāyam anahaṅkāram arāgam amadam tathā ||

amohakam adambham ca adveṣākṣobhakau tathā |
amātsaryam alobham ca daśa-puṣpam vidur-budhāḥ ||

ahiṃsā paramam puṣpam puṣpam indriya-nigrahaḥ |
dayā-puṣpam kṣamā-puṣpam jñāna-puṣpam ca pañcamam ||

iti pañcadaśair-bhāva-puṣpaiḥ sampūjayet sadgurum ||

Now slowly open your eyes and offer the flowers at Guru Paduka.

Pl take some water and offer it at Guru Paduka along with the
mantra

om hrīm etat pādyaṁ śrī-gurave namaḥ |

Pl take the conch with the arghya (flower, durva grass, rice pellet
and bilwa leaf) and offer the arghya at Guru Paduka along with the
mantra

om hrīm eṣo'rghyaḥ śrī-gurave namaḥ |

Pl take some water and offer it at Guru Paduka along with the
mantra

om hrīm idam ācamaṇīyaṁ śrī-gurave namaḥ |

Pl take some water and offer it at Guru Paduka along with the
mantra and pl ring the bell as you do so

om hrīm idam snāṇīyaṁ śrī-gurave namaḥ |

Pl take the cloth offering and wave towards Guru Paduka along with
the mantra

om hrīm idam vastraṁ śrī-gurave namaḥ |

Pl take some sandalwood paste and smear at Guru Paduka along with
the mantra

om hrīm eṣa gandhaḥ śrī-gurave namaḥ |

Pl take a flower smeared with sandalwood paste and offer at Guru
Paduka along with the mantra

om hrīm idam sacandanapuṣpaṁ śrī-gurave namaḥ |

Pl take a bilwa leaf smeared with sandalwood paste and offer at
Guru Paduka along with the mantra

om hrīm idam sacandanabilvapatram śrī-gurave namaḥ ।

Pl take lit incense sticks and wave towards Guru Paduka along with
the mantra and pl ring the bell as you do so

om hrīm eṣa dhūpaḥ śrī-gurave namaḥ ।

Pl take a lit lamp and wave towards Guru Paduka along with the
mantra and pl ring the bell as you do so

om hrīm eṣa dīpaḥ śrī-gurave namaḥ ।

Pl take a flower in hand and wave over the food offering and offer
the flower at Guru Paduka along with the mantra and pl ring the bell
as you do so

om hrīm idam sopakaraṇa naivedyam śrī-gurave namaḥ ।

Pl take some water and offer it at Guru Paduka along with the
mantra

om hrīm idam pānārthodakam śrī-gurave namaḥ ।

Pl take some water and offer it at Guru Paduka along with the
mantra

om hrīm idam punarācamaniyam śrī-gurave namaḥ ।

Pl take a lit camphor / lamp and wave towards Guru Paduka along with
the mantra and pl ring the bell as you do so

॥ ārātrikam ॥

om rājādhirājāya-prasahya-sāhine namo vāyam vaiśravaṇāya kurmahe ।

sa me kāmāṅkāmākāmāya mahyam ॥

kāmeśvaro vaiśravaṇo dādātu ।

kuberāyā vai śravaṇāyā mahārājāyā namaḥ ||
karpūra-gauram karuṇāvatāram samsāra-sāram bhujagendra-hāram |
sadā-vasantam hṛdayāravinde bhavam bhavānī-sahitam namāmi ||
ārātrikam samarpayāmi sadguru-caraṇa-kamalebhyo namaḥ ||

Pl take a flower and close your eyes and offer the flower at Guru Paduka at the end of the mantra.

|| puṣpājaliḥ ||

gururbrahmā gururviṣṇuḥ gururdevo maheśvaraḥ |
guruḥ sāksāt param brahma tasmai śrī-gurave namaḥ ||

akhaṇḍamaṇḍalākāram vyāptam yena carācaram |
tatpadam darśitam yena tasmai śrī-gurave namaḥ ||

ajṣāna-timirāndhasya jṣānāṣjana-śalākayā |
cakṣurunmīlitam yena tasmai śrī-gurave namaḥ ||

aneka-janma-samprāpta-karma-bandha-vidāhine |
ātma-jñāna-pradānena tasmai śrī-gurave namaḥ ||

mannāthaḥ śrī-jagannātho madguruḥ śrī-jagadguruḥ |
mamātmā sarva-bhūtātmā tasmai śrī-gurave namaḥ ||

īśvaro gururātmeti mūrṭi-bheda-vibhāgine |
vyomavad- vyāpta -dehāya dakṣiṇāmūrtaye namaḥ ||

nityānandam paramasukhadam kevalam jṣānamūrtim
dvandvātitaḥ gaganasadṛśam tattvamasyādi-lakṣyam |
ekam nityam vimalam acalam sarvadhī-sākṣi-bhūtam
bhāvātitaḥ triguṇa-rahitam sadguruḥ tam namāmi ||

|| puṣpājalim samarpayāmi sadguru-caraṇakamalebhyo namaḥ ||

॥ om nityānandam ॥